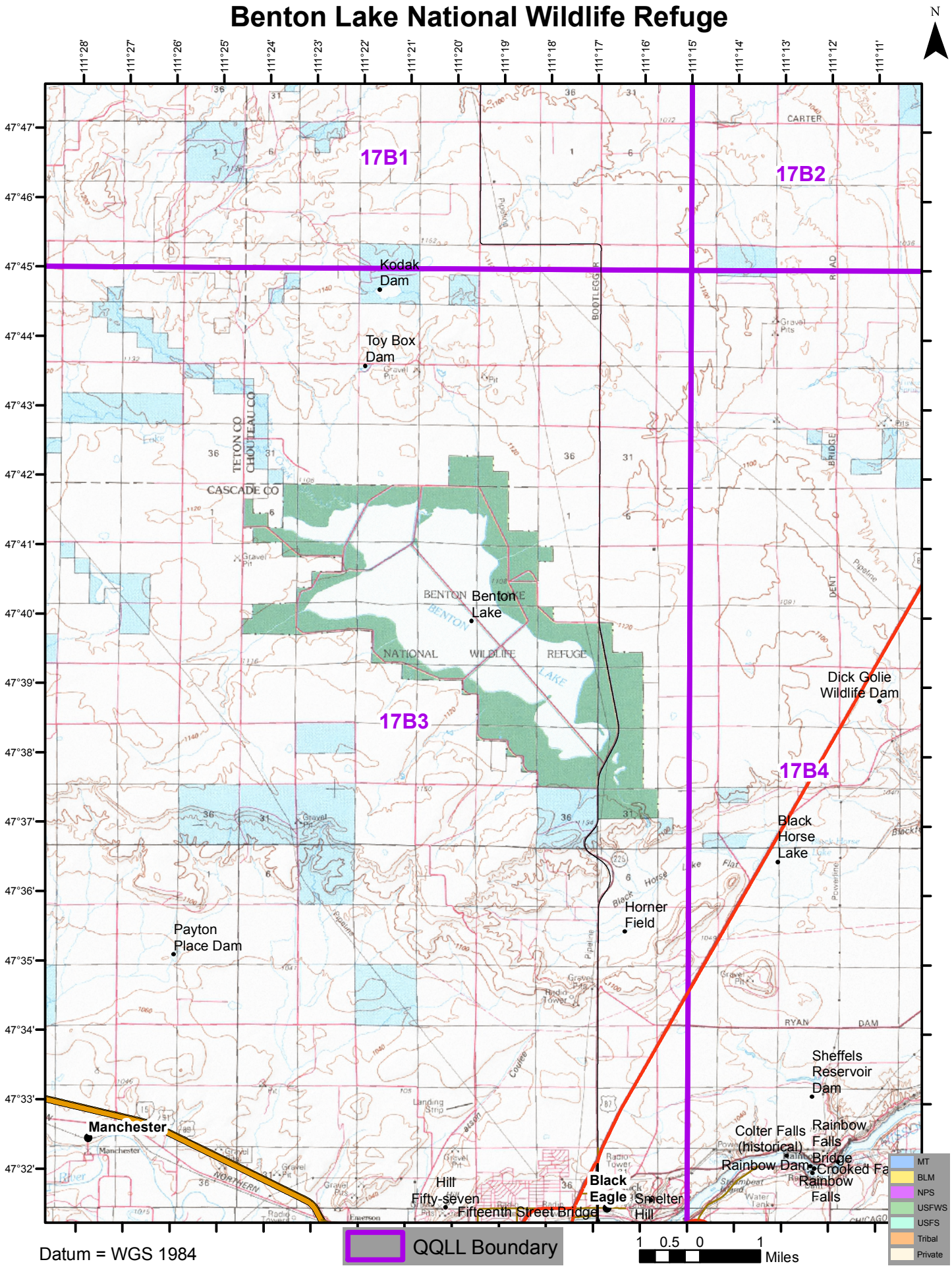Benton Lake National Wildlife Refuge